BACKGROUND
The annual conference is an initiative of the Montgomeryshire Medical Society, a unique group of Montgomeryshire-based General Practitioners who formed to provide their own brand of rural postgraduate education following the “new contract” in the 1980s. The conference was first organised by the Medical Society in 1990, and has continued to evolve and develop over the past 26 years, to meet the educational needs of GPs and their primary health care colleagues. GPs attend the conference from all over the United Kingdom with many loyal supporters returning year after year.

PROGRAMME
The programme is designed to be as varied and challenging as possible, discussing issues relevant to rural GPs and addressing learning needs with regard to appraisal and clinical governance. The organisers consider the conference to be a valuable learning experience for their junior colleagues and have opened the conference up to Trainee (FY2) Doctors at a reduced rate. This initiative has been successful for both the conference and the FY2s who attend along with Year 5 Medical Students who are on rotation in Powys from Cardiff University.

As well as addressing the learning needs of General Practitioners, the conference also provides a forum for informal discussions with like-minded colleagues, an after-dinner lecture, and a separate evening and social programme.

VENUE
Gregynog Hall is a very large country house. It stands in wooded parkland with beautiful walks and gardens, some five miles north of Newtown in Powys. The house itself is over a hundred and fifty years old, though parts of an older house have been incorporated and there has been a hall on the site since at least the 12th century. The house has been described as one of the hidden treasures of Mid Wales, and provides an idyllic and relaxing venue for the conference.

In 1920, the Gregynog estate was bought by the Misses Gwendoline and Margaret Davies, sisters of the first Lord Davies, and they developed it as a centre for music, international conferences and fine printing (the Gregynog Press). Both sisters were notable collectors of paintings; the bulk of their collection is now in the National Museum of Wales, but many lesser known pictures and some fine prints and pieces of sculpture remain at Gregynog.

In 1960, Miss Margaret Davies made a gift of Gregynog to the University of Wales, and, on her death in 1963, the University entered into occupation and accepted its first courses in 1964.

FRIDAY 14th OCTOBER
Practice, Community & MIU Nurses Welcome

Session Five
Chair: Dr Adrian Weston
9.15am Coffee and registration
9.30am Rotational Workshops:
Delegates will have the choice of attending one of the following workshops. We suggest that you provide a second choice just in case your preferred option is already full. Delegates will be allocated the workshop on a first come, first served basis and numbers will be strictly limited to 20 due to the practical content, so early booking is recommended.

Managing Rural Trauma
Dr Paul Metcalfe, GP Brecon and Wales Ambulance Service Trust

Radiology
Dr David Parker, Consultant Radiologist, Betsi Cadwaladr UHB

ECG
Trish Buck, Clinical Development Coordinator, British Heart Foundation

Joint Examinations – Upper Limb
Mr Marck Van Liesland, Consultant Orthopaedic Surgeon, Robert Jones & Agnes Hunt

10.45am Coffee
11.15am Rotational Workshops continued: (please choose two incase your first option is full)
Managing Rural Trauma
Dr Paul Metcalfe, GP Brecon and Wales Ambulance Service Trust

Radiology
Dr David Parker, Consultant Radiologist, Betsi Cadwaladr UHB

ECG
Trish Buck, Clinical Development Coordinator, British Heart Foundation

Joint Examinations – Upper Limb
Mr Marck Van Liesland, Consultant Orthopaedic Surgeon, Robert Jones & Agnes Hunt

12.30pm Lunch

Session Six
Chair: Dr Donna Griffiths
1.30pm Osteoporosis
Dr Mark Garton, Consultant Physician / Rheumatology / Service Lead Clinician, Robert Jones & Agnus Hunt

3.00pm Tea

3.30pm Mad, Bad, Sad
Dr Anna Ripley, Clinical Psychologist, CAMHS, PTHB

5.00pm Plenary and close

The Montgomeryshire Medical Society is grateful to Powys Teaching Health Board for their support in the organisation of this year’s conference. Also the many pharmaceutical companies who sponsor the event, which this year includes; Takeda, Abbott, Boehringer Ingelheim, TEVA UK Ltd, Almirall UK, GlaxoSmithKline and others.

GREGYNOG 2016
ORGANISED BY RURAL GPS FOR GPS, THEIR NURSES AND THEIR MANAGERS

WITH THE MONTGOMERYSHIRE MEDICAL SOCIETY

12th - 14th OCTOBER 2016
TRAINEE/F2S WELCOME FOR TASTER DAYS
18 HOURS MEDICAL EDUCATION
PROGRAMME - 2016

TUESDAY 11th OCTOBER
7.00pm Buffet supper followed by an after dinner speaker

WEDNESDAY 12th OCTOBER
Incorporating Practice Managers Day

Session One
Chair: Dr James Kiel, Chairman of Montgomeryshire Medical Society
9.15am Coffee and registration
9.30am Introduction and Welcome
9.40am Holden’s Soapbox
Dr Peter Holden, GP Matlock and GPC UK Negotiator
10.40am Coffee
11.00am From Collaboration to Federation to Merging
Tudor Healthcare, Lloyd’s Banking and Veale Wasborough Solicitors
12.30pm Lunch

Session Two
Includes Powys PLT Programme
Chair: Dr Mike Lewis
1.30pm Overdiagnosis and Overtreatment: Generalists - Time for a Grassroots Revolution
Dr Julian Treadwell, GP from Wiltshire and Vice Chair of the RCGP Standing Group on Overdiagnosis (Supporting Shared Decisions in Healthcare).
3.00pm Tea
3.15pm Overdiagnosis and Overtreatment
Dr Julian Treadwell
5.00pm Evaluation and close
7.00pm Course dinner with after dinner lecture

THURSDAY 13th OCTOBER
Incorporating Practice Nurses Day

Session Three
Chair: Dr Lisa Hunt
9.15am Coffee and registration
9.30am Female Health - HRT/Menopause
Dr Charlie Fleming, Consultant in Gynaecology & Sexual Health and Associate Medical Director, Aneurin Bevan Health Board.
10.30am Coffee
Parallel sessions:
11.00am Female Health - Contraception
Dr Charlie Fleming, Consultant in Gynaecology & Sexual Health and Associate Medical Director, Aneurin Bevan Health Board.
11.00am Male Menopause - Recognition and Investigation of Hypogonadism and the Treatments, including use of Testosterone
Dr Probal Moulik, Consultant Endocrinologist/Clinical Director, Royal Shrewsbury Hospital
12.30am Lunch

Session Four
Chair: Dr Chris Nevill
1.30pm Modern Rheumatology – A Dynamic and Accessible Service
Dr Jeremy Jones, Consultant Rheumatologist, Betsi Cadwaladr University Health Board
3.00pm Tea
3.30pm Modern Rheumatology – A Dynamic and Accessible Service
Dr Jeremy Jones, Consultant Rheumatologist, Betsi Cadwaladr University Health Board
5.00pm Evaluation and close
7.00pm Course dinner with after dinner lecture.

Accommodation at Gregynog Hall comprises pleasant but basic student accommodation of which only a small number of rooms have en-suite facilities. These will be allocated as single occupancy on a first to pay basis.

ENROLMENT FORM & COURSE FEES

Please send your completed booking form together with your payment (made payable to the Montgomeryshire Medical Society) to: Sue Hamer, Montgomeryshire Medical Society, c/o Powys THB, Primary Care Department, Llandrindod Wells Hospital, Llandrindod Wells, Powys LD1 5HF, Email: sue.hamer@wales.nhs.uk

ARRIVING TUESDAY EVENING (BUFFET) – FRIDAY
inclusive of all meals/accommodation/course dinner
£530.00
ARR. WEDNESDAY - FRIDAY - inclusive of all meals/accommodation/course dinner
ONE NIGHT, 2 DAYS (WEDS/THURS) - inclusive of all meals and accommodation
£280.00
TRAINEES ARRIVING WEDNESDAY - FRIDAY - inclusive of all meals and accommodation
£210.00
THREE DAYS - excluding accommodation and course dinner
£285.00
ONE DAY ONLY - inclusive of lunch
£95.00
HALF A DAY - inclusive of lunch
£45.00
PRACTICE NURSE/PRACTICE MANAGER
TRAINEES RATE
£75.00
COUSE DINNER (per night)
£35.00
Cost of car parking is included in all bookings.

Do you wish to attend the full course
YES NO
If not, please circle the days and sessions you wish to attend:

TUESDAY WEDNESDAY THURSDAY FRIDAY
ARRIVE AM PM AM PM AM PM
Do you require accommodation
YES NO
Do you wish to attend the Course Dinner (Wednesday)
YES NO
Do you wish to attend the Course Dinner (Thursday)
YES NO

I wish to attend the following workshops on Friday, please tick as appropriate and give a second choice: numbers will be strictly limited to 20.

Managing Rural Trauma
ECG
Radiology
Joint Examinations – Upper Limb

On receipt of your application and cheque, further details will be forwarded. We are unable to accept any bookings unless accompanied by a cheque.